

# NEWSLETTER

*Rhythm Nation Dance*

*February 2026*



## HI EVERYONE,

What an amazing start to 2026 it has been! There's already such a fantastic energy in all our classes, and we are so excited for what this year has in store for everyone!

Check out some of our favourite moments below and make sure to read on for a few key dates to help you **plan ahead**.

## THANK YOU

*A huge thank you goes out to our wonderful parents for their constant support, to our new dancers for joining our dance family, and to our returning dancers for their continued hard work and dedication.*

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RHYTHM  
NATION

# Stay Connected



## WE'RE ON WHATSAPP

Our WhatsApp number is now up and running, and we're really enjoying using it as a new way to connect with our members! It's a quick and easy way to ask questions, get support, or chat about your child's dance journey, alongside our usual email and Facebook group channels.

+44 7763 228786

## MEMBERS ONLY FACEBOOK

### ALL MEMBERS

Search:

**“Rhythm Nation  
Members Only”**

on Facebook



“Rhythm Nation **Laurencekirk**  
Members Only”

“Rhythm Nation **Aberdeen**  
Members Only”

“Rhythm Nation **Banchory**  
Members Only”

## 2026 BIRTHDAY PARTIES

Bookings are now open for our **2026 birthday parties**. If you'd like to celebrate your child's special day with a Rhythm Nation Dance party, please get in touch via our dedicated new email address: [parties@rhythmnationdance.co.uk](mailto:parties@rhythmnationdance.co.uk)



# 2026



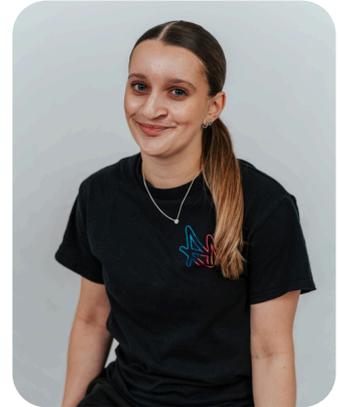
# New Location Launch

## STREET DANCE IN BANCHORY

We're so excited to share that Rhythm Nation has successfully launched in our **fourth location!** Opening in **Banchory** has been a fantastic milestone, and we've loved welcoming so many new families into the Rhythm Nation community. The energy and enthusiasm from our Banchory dancers has been amazing, and we can't wait to see them grow and thrive.



We're also incredibly proud of **Lauren A** and **Lauren S**, who have progressed from our volunteer programme into coaching roles.



Their creativity, passion for dance and professional attitude shine in every class, and they are a wonderful example of the **progression opportunities** within Rhythm Nation.

## Refer a Friend

Do you know another family who would love our classes? Your friend simply needs to write your name in the **“How did you hear about us?”** section when signing up for a trial on Class4Kids and you will be gifted **£50** as a thank you!



# Competition Success



## UDO STREET DANCE

We had an incredible first competition of the year at Scottish Dance Events with UDO Street Dance!

The standard was insanely high and the competition was tough, but Team RN absolutely held their own. This was the first competition for Unified, Radical and The Combination in their new team line-ups and we are so proud of their professional attitude.



Supercrew  
Rhythm Nation



The Combination



Unified



Radical Nation



Rebel Nation



Diva Nation



## UNITY STREET DANCE

We are so proud of our 4 competing teams at **Unity Street Dance Competition!**

To top off an amazing day, our Diva Nation team was crowned **“Top Scoring Team of the Day”**. What an achievement! We also saw fantastic results from our solos and duos, and the hard work, dedication and team spirit from every single dancer was incredible to watch. Their commitment, support for one another and energy on the floor never goes unnoticed,



Diva Nation



Rebel Nation



Radical Nation



The Combination

# Inservice Day Camps

## STONEHAVEN

What an incredible two days at our Stonehaven Wicked-themed Dance Camp!

From themed crafts and fun games to nonstop dancing, it was the perfect mix of creativity, energy and team spirit. The dancers threw themselves into every routine and activity, and the atmosphere across both days was just amazing!



## BANCHORY

Our Banchory Wicked Dance Camp was just as magical!

We were so happy to be back for our second camp in Banchory, and even more special was seeing so many of our new Banchory members there in their RN gear.

A full day of crafts, games, fun and lots of dancing made it such a fantastic day, and we're already excited for the next one!



## Want to Join our Easter Camp?

Bookings can be made through our Linktree, or through [class4kids > camps](#).

Our camps are open to members and non members. Spaces are limited and fill up quickly - don't miss your chance to book!

# Children's Mental Health Week

## PLACE2BE

For Children's Mental Health Week 2026, we took time in our classes to recognise what dance gives us, and why the studio is our student's **place2be**.

We created class posters bursting with colour, drawings and honest words about how dancing makes them feel.

At Rhythm Nation, we will always be *more* than just a dance class.

We're a space to grow. To express.

To build confidence. To feel safe.

To belong.



Place2Be's

CHILDREN'S  
MENTAL HEALTH  
WEEK

9-15  
FEB  
2026



## Valentine's Pizza & Movie

### DANCE FRIENDS MAKE THE BEST FRIENDS

The dancers cosied up in their PJs with their dance besties, grabbed a slice of delicious pizza from Big Manny's Pizza, stocked up on their favourite snacks, and settled in to watch *The Parent Trap*. It was the perfect chilled evening filled with laughter, fun and lots of sweet moments.

We always love seeing the special friendships that grow from within the studio. Nights like this remind us that Rhythm Nation is about so much more than just dance!



# Summer Show Excitement

## THE COUNTDOWN BEGINS!

Preparations are officially under way for our 4 Summer Shows this June! We can't wait to see all of our dancers step on stage and showcase their hard work, confidence, and incredible talent in front of their friends and families on such a special show day.

Our shows are always such a positive and memorable experience for everyone involved. We're proud to provide a professional production experience for our members.

From rehearsals to showtime, we make it a truly special event for every child to be part of. There's nothing better than seeing them shine on stage and feeling so proud of what they've achieved.



## TSHIRT DESIGN COMPETITION

We're so excited to launch our **Design Our Show T-Shirt Competition!** With 4 Summer Shows, we're looking for 4 winning designs, one for each show!

Designs must be hand drawn on paper, black and white only, and include the name of the show you're performing in. Please submit a clear photo of your entry to [charlotte@rhythmnationdance.co.uk](mailto:charlotte@rhythmnationdance.co.uk) by **Saturday 28th March 2026**. Each winner will receive a **FREE** show t-shirt! We can't wait to see your creativity shine!

# The Power of Performing

A NOTE FROM NATASHA, OWNER OF RHYTHM NATION



“Lately I’ve had a few chats with parents who are feeling unsure about whether their child is ready to take part in the show, especially if they’ve only just started classes. I **completely understand** – I’ve been that mum too!

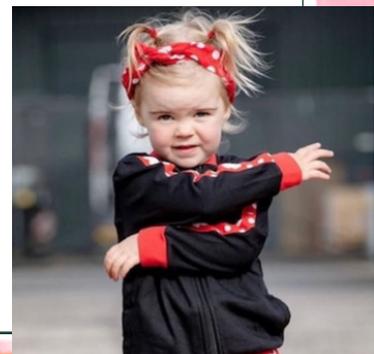


Every year, we welcome children who have only been with us a few weeks, and they **shine**. Not because they’re perfect, but because they feel **safe, supported, and part of something really special**. Our junior show is designed to be a nurturing first stage experience. Backstage is calm, caring, and full of little touches to keep the children happy, from colouring and snacks, to familiar faces and a few magical surprises! Children are guided on and off stage by class assistants, supported by their teachers, and cheered on by our senior dancers who love making the day magical. Last year, the audience truly rooted for every single child, and you could see them soaking up that joy as they performed.

The very best moment? Handing out medals and certificates afterwards and seeing their faces light up with **pride** – a feeling that stays with them long after the curtain closes.

As a mum, I know how big this feels. But I also know the **confidence, joy, and memories** children carry with them from being part of the show. If you’re unsure, please come and chat to me – **we’ll take it at your child’s pace**. They’re more ready than we think!

P.S. This was my daughter Isla at 3, just before her first competition. I was far more nervous than she was... and she went out, danced her socks off, and walked away with a trophy. Little ones are braver than we often give them credit for!”



# dancer of the month



Mon. 3-5's Street



Mon. 5-7's Street



Mon. 8-11's Street



Mon. 12+ Street



Tues. Mini Acro



Junior Lyrical



Inter. Lyrical



Senior Lyrical



Wed. 4-7's Street



Wed. 8-11's Street



Wed. 11-13's Street



Fri. Mini Acro



Fri. Junoir Acro



Fri. Inter Acro



Fri. Senior Acro



Mini Ballet 1



Mini Ballet 2



Junior Ballet 1



Junior Ballet 2



Tap



Sat. Mini Acro



Sat. Junior Acro



Aberdeen 4-7's



Aberdeen 8-11's



Aberdeen Seniors



Laurencekirk.  
Mini Acro



Laurencekirk.  
Junior Acro



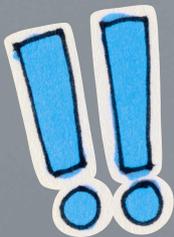
Laurencekirk 3-5's



Laurencekirk 5-7's



Laurencekirk 8-10's



Laurencekirk 11+



Banchory 4-7's



Banchory 8-11's

