

NEWSLETTER

Rhythm Nation Dance

October 2026



HI EVERYONE,

It's been a busy and exciting term so far, with fantastic energy in our classes! We've loved seeing our dancers build friendships, grow in confidence and develop new skills across all our locations. Before we enter the busy Christmas term, we want to celebrate some of the accomplishments of this term!

THANK YOU

*A huge thank you goes out to our wonderful **parents** for their constant support, to our **new dancers** for joining our dance family, and to our **returning dancers** for their continued hard work and dedication.*

CONTENTS

[Stay Connected](#)

[2026 Parties](#)

[What's On October](#)

[Timetable](#)

[Workshop](#)

[Competition Success](#)

[Christmas Dates](#)

[Merch Shop](#)

[Dancer of the Month](#)



Stay Connected



WE'RE ON WHATSAPP

Our **WhatsApp** number is now up and running, and we're really enjoying using it as a new way to connect with our members! It's a quick and easy way to ask questions, get support, or chat about your child's dance journey, alongside our usual **email** and **Facebook group** channels.

charlotte@rhythmnationdance.co.uk

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MEMBERS ONLY FACEBOOK

ALL MEMBERS

Search:

**"Rhythm Nation
Members Only"**

on Facebook



"Rhythm Nation **Laurencekirk**
Members Only"

"Rhythm Nation **Aberdeen**
Members Only"

"Rhythm Nation **Banchory**
Members Only"

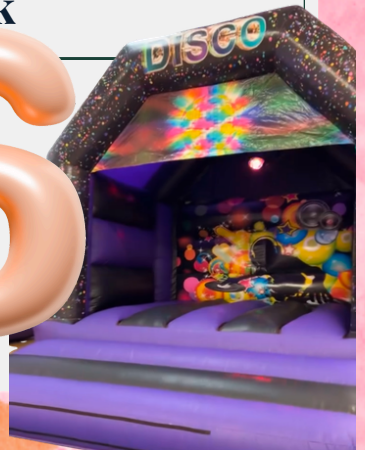
2026/27 Birthday Parties

Bookings are open for our **2026/27 birthday parties**. If you'd like to celebrate your child's special day with a Rhythm Nation Dance party, please get in touch via our dedicated new email address!

parties@rhythmnationdance.co.uk



2026



What's On in October?



Join us from **Tuesday 13th – Thursday 15th October, 10am–2pm** at **Stonehaven Town Hall** for three days packed with dancing, games, activities, crafts and plenty of fun!

The camp is open to children from **P1–P7**.

If your child is nursery-aged but already attends a Rhythm Nation class, please contact Charlotte to discuss whether the camp would be suitable for them.

Join our late-afternoon **Halloween Party** on **Saturday 31st October, 3–5pm**. It's the perfect way to kick off your Halloween before heading out for some trick-or-treating! Expect a bouncy castle, party games, a Halloween fashion show, costume prizes and lots of spooky fun! Get your best costume ready...we can't wait to celebrate with you!



Ready to take your acro skills to a new level? Our one-day Acro Intensive on **Friday 16th October** is designed to build strength, gain confidence, and develop skills.

This is suitable for students working at **Junior – Intermediate level/7–16 years**.

To book: **Class4Kids > Camps** or email **charlotte@rhythmnationdance.co.uk**

Timetable Updates

In **Stonehaven**, we've changed our **Saturday** class structure! We now have 2 combined Ballet & Tap classes, **Mini & Junior Stars**, perfect for dancers who want to enjoy both styles in one class.

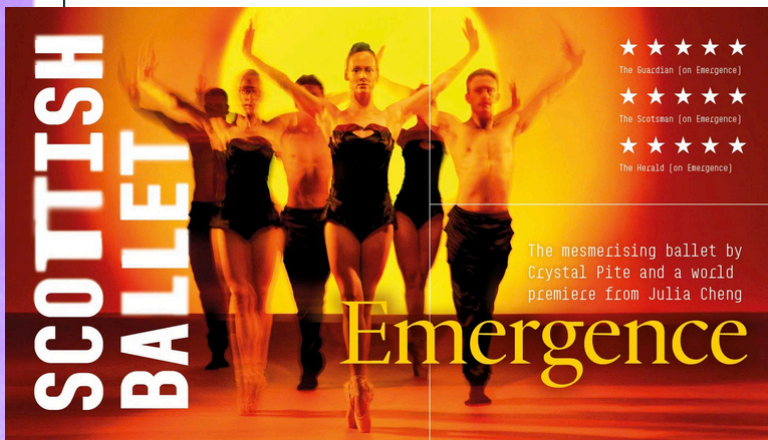
Stonehaven				
Monday	Tuesday	Wednesday	Friday	Saturday
3-5's Street Dance 5.30-6.15pm	Mini Acro 4.15-5pm	4-7's Street Dance 5.15-6pm	Mini Acro 4-4.45pm	First Steps Ballet 9-9.40am
5-7's Street Dance 6.15-7pm	Junior Lyrical 5-6pm	8-11's Street Dance 6-7pm	Junior Acro 4.45-5.30pm	Mini Stars (Ballet & Tap) 9.45-10.45am
8-11's Street Dance 7-8pm	Intermediate Lyrical 6-7pm	11-13's Street Dance 7-8pm	Intermediate Acro 5.30-6.30pm	Mini Acro 10.45-11.30
12+ Street Dance 8-9pm	Senior Lyrical 7-8pm		Senior Acro 6.30-7.30pm	Junior Stars (Ballet & Tap) 11.30-12.30pm
	Adult Ballet 8-9.15pm			Junior Acro 12.30-1.30pm

In **Laurencekirk**, we've added a new **Intermediate Acro** class. We've launched 2 **Acro** classes this term in **Aberdeen**, with times allowing dancers to do both Acro & Street in one night!

Laurencekirk		Banchory	Aberdeen	
Tuesday	Thursday	Monday	Thursday Hall 1	Thursday Hall 2
Mini Acro 4.15-5pm	3-5's Street Dance 5.30-6.15pm	Junior Street Dance 4-4.45pm	Mini Acro 5-5.45pm	4-7's Street Dance 6-6.45pm
Junior Acro 5-6pm	5-7's Street Dance 6.15-7pm	Senior Street Dance 5-6pm	Junior Acro 5.45-6.45pm	8-11's Street Dance 7-8pm
Intermediate Acro 6-7pm	8-10's Street Dance 7-8pm			Senior (Teens & Adults) Street Dance 8-9pm
	11+ Street Dance 8-9pm			

Scottish Ballet Workshop

We were delighted to welcome **Scottish Ballet** for an outreach workshop during their tour of *Emergence*. Our Adult Ballet dancers joined some of our older ballet students and Senior Lyrical dancers to learn choreography, explore creative tasks and try movements that took many beyond their comfort zones! It was lovely to see dancers of different ages learning together, sharing ideas and letting their creativity shine.



Charlotte loves sharing her passion for ballet with our adult dancers and seeing the happiness it brings them. She's so proud of their dedication to a new hobby, and they really prove that it's never too late to start.

We would love to welcome new adults to this supportive, friendly group!

Classes take place on Tuesdays, 8–9.15pm.

Beginner friendly!



Refer a Friend

Do you know another family who would love our classes? Your friend simply needs to write your name in the “**How did you hear about us?**” section when signing up for a trial on Class4Kids and you will be gifted **£50** as a thank you!



Competition Success

What an incredible day for our competition teams at September's
UDO Competition!

We were so proud to take our 7 amazing competition teams to the stage, alongside over **40 brand-new beginner dancers** experiencing their very first competition!

Seeing so many of our dancers support one another and represent Rhythm Nation with such confidence and energy was incredibly special, and we are so proud!

Our Teams - 26/27 Season!



Imagination



Rebel Nation



Illumination



Radical Nation



Diva Nation



Combination



Unified

Team Results



Christmas Show Dates

Christmas Show letters are being handed out in classes, alongside details of our brand-new Rhythm Nation online merch shop! There are lots of exciting Christmas gift ideas and stocking fillers for your dancer!

**DEC
13**

Laurencekirk

**DEC
14**

Banchory

**DEC
17**

Aberdeen

**DEC
20**

Stonehaven



1/4 Fleece



Hair Bow



Satin PJS

Wrap up the
Rhythm
this Christmas!



Teddy



Pin Badge



Blanket

Pop Socket



Croc Jibbit



Phone Case



Sequin Bag



Graphic Tees

September Dancers of the Month



Mon 3-5's
Stonehaven



Mon 5-7's
Stonehaven



Mon 8-11's
Stonehaven



Mon 12+
Stonehaven



Tues. Mini Acro
Stonehaven



Junior Lyrical
Stonehaven



Inter. Lyrical
Stonehaven



Senior Lyrical
Stonehaven



Wed 4-7's
Stonehaven



Wed 8-11's
Stonehaven



Wed 11-13's
Stonehaven



Fri Mini Acro
Stonehaven



Fri Junior Acro
Stonehaven



Inter. Acro
Stonehaven



Senior Acro
Stonehaven



First Steps
Stonehaven



Mini Stars
Stonehaven



Sat Mini Acro
Stonehaven



Junior Stars
Stonehaven



Sat Junior Acro
Stonehaven



Mini Acro
Aberdeen



Junior Acro
Aberdeen



4-7's
Aberdeen



8-11's
Aberdeen



Seniors
Aberdeen



3-5's
Laurencekirk



5-7's
Laurencekirk



8-10's
Laurencekirk



11+
Laurencekirk



Mini Acro
Laurencekirk



Junior Acro
Laurencekirk



Inter. Acro
Laurencekirk



Juniors
Banchory



Seniors
Banchory